

HeraldPOST

Serving the communities in U.S. Army Garrison Baden-Württemberg



Lynn Davis

Air Force Tech Sgt. Sato Diggers, from Ramstein, goes for a spike while partner, Capt. Paolo Briones, from Landstuhl, looks on during the volleyball portion of the Summer Slam tournament on Tompkins Barrack in Schwetzingen Saturday. Besides volleyball, the event included basketball, softball and racquetball with athletes traveling from all over Europe to participate. See page 16 for story.

Heidelberg to host National Night Out

By Dijon Rolle

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Members of the Heidelberg community are invited to come out for an evening of food, fun and fellowship on Patrick Henry Village to get to know their neighbors and meet local law enforcement officials.

The Directorate of Emergency Services and Heidelberg military police officials will sponsor a "National Night Out" Aug. 3 to coincide with National Night Out events happening in the United States.

National Night Out is an annual crime and drug prevention event sponsored by the National Association of Town Watch to strengthen police and community partnerships and let criminals know neighborhoods are fighting back.

"The purpose of National Night Out is to have the people of the local community meet and interact with the people of the law enforcement community," see **NIGHT OUT** page 12

AER conference focuses on Soldiers and families

By Dijon Rolle

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Money for plane tickets home, utility bills, car payments and even an \$18,000 dollar cell phone bill – these were just a few of the cases Army Emergency Relief officers and assistants say they've encountered while on the job.

The group of AER professionals gathered to train, network and share their experiences – some heartbreaking and some simply unbelievable – during their annual AER U.S. Army Europe training conference in Schwetzingen July 13-15.

Despite the differences in their backgrounds, locations and experiences, the central focus among the group remained the same – how to find ways to help Soldiers and their families.

Lyndon Barnes, AER officer for U.S. Army Garrison Mannheim, admits sometimes that can be a challenge for

"We love our job because it still gives us an opportunity to interface with Soldiers and more importantly to continue to help Soldiers."

-Dennis Scott, Army Emergency Relief

him and his peers. "I think the hardest challenge I have is looking at the Soldier now compared to when I was in (the Army) and coming up through the ranks," Barnes said.

"They're facing different types of problems, and each case is different. I have to weigh the factors involved in each one and come up with the best see **AER** page 12

HP THURSDAY
July 22, 2010

Speed Read

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Family and Morale, Welfare and Recreation's Annual Chili Cook-Off comes to the Heidelberg Rod and Gun Club. **13**

TENNIS TOURNAMENT

Heidelberg and Kaiserslautern cleaned up during the U.S. Forces Europe Tennis Championships. **17**



Defense Details

U.S., KOREAN EXERCISES

The United States and South Korea announced a series of military exercises designed to send a strong, clear message to North Korea to stop its provocative and warlike acts. The first in a series is a combined maritime and air readiness exercise named Invincible Spirit. About 8,000 U.S. and ROK military personnel will participate. The exercise is in response to the unprovoked attack on and sinking of the South Korean frigate Cheonan off the west coast of the peninsula.

U.S. MISSION IN AFRICA

As U.S. Africa Command matures and strengthens ties with African nations, American interests on the continent become more stable. Africom was established in October 2007 to "add value" to African nations by improving their military capacities and to help nations achieve their short- and long-term goals, said Gen. William E. "Kip" Ward.

Army news: www.army.mil
Defense news: www.defenselink.mil

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COMMENTARY

Ready to ride: Staying safe during motorcycle season

USAG Baden-Württemberg Safety Office

With the nice weather and the longer days, you are probably breaking out your bike and riding more often. But are you ready to ride?

The first step in staying safe during motorcycle season is ensuring your bike is ready. A few minutes performing preventive maintenance now will ensure you have a long and uninterrupted riding season.

Preventive maintenance: Start with the basics. Perform a T-CLOCS inspection of your bike. Not familiar with the acronym? T-CLOCS is a motorcycle inspection checklist developed by the Motorcycle Safety Foundation that helps riders ensure their motorcycle is ready to ride.

The checklist is free and available for download on the MSF Web site at www.msf-usa.org under the library/safety tips section. After you run the checklist, consider having your bike fully tuned up or serviced by a motorcycle mechanic, or a motorcycle dealership.

Your servicing should also include frequently overlooked measures like changing the brake fluid and lubing major pivot points – such as the steering head and swing arm. Liquid-cooled bikes should have their cooling systems flushed every few years. Whether you or a bike shop does this service, it should include a careful search for signs of weakness (loose spokes or an oozing gasket, for example).

Also, check the manufacturer's Web site or www.safecar.gov for any recall for your bike. If this is your first time riding in Germany have the suspension system checked to ensure it is tuned properly for you and the load you carry, passenger or gear. The bottom-line, fix anything that could take you off the road. Also make any adjustments that would

make your bike more comfortable and easy to control. Perhaps the brake pedal location or the angle of the handlebars needs adjusting for comfort and control. Do it now. Be sure to check your motorcycle owner's manual before making any radical changes or adjustments to your bike.

Leaning forward ... early replacement: Motorcycle Cruiser, a magazine and Web site dedicated to motorcyclists, offers the following tips: Replace any parts that are getting old before they put a crimp on your summer fun. Tires are the best example. If they are getting thin, aged-cracked or worn in the middle, the motorcycle may become squirrely when leaned over; it makes sense to replace them now. This gives you time to order the tires you want, not just what AAFES has in stock or the dealer has on hand. A premium aftermarket tire will generally give longer mileage and better traction.

Other candidates for early replacement include an aging battery or brake pads. Again, you can order what you want.

Light bulbs also fall in this category. They get old and dim before they blow out. We recommend replacing all the minor bulbs every two years (use the heavy-duty versions of those bulbs) and keep a headlight bulb handy. You may also want to consider replacing your headlight, consider increasing the wattage with a clearer, and brighter 75- to 100-watt high-beam lamp for more light when you need it most.

Make sure your charging system will handle it, especially if you also have other electrical accessories, such as spotlights and plug-in accessories like GPS or radios.

Riding gear: Now's the time to replace that scratched or pitted face shield or tattered rain suit. You might also want an additional pair of gloves, perhaps a warm, lightweight, vented pair that are

not as hot as winter gloves.

Are the soles on your boots losing their tread? Better to replace or resole them now than put your foot down on a sandy patch of road and watch it slide out from under you. Has your helmet gotten loose and floppy from extensive wear? Are the seams on your jacket or gloves unraveling?

Take care of these things now. You might want to expand the range of your riding gear as well. For example, a vented jacket will make riding on hot days much more fun than a heavy unvented jacket.

Accessorize for the ride: Early spring is also the ideal time to equip your bike for the rides you're planning for this summer. This may mean a backrest for your riding companion or traveling amenities like, a rack and a comfortable seat. Saddlebags can also be handy if you plan to commute.

Join a club: If there is a club for your bike model, consider joining it. You will get access to the combined experience of all the members. You'll learn which accessories work best, fixes for weak points, and other useful information. You will probably also make some friends and find new events in your area.

Take a course: Nothing interrupts riding season like a crash. If you haven't taken a motorcycle riding course in a while, sign up for the MSF's Experienced Rider Course on line at www.imcom-europe.army.mil/sites/management/so_atstp.asp. Don't want to go alone? Sign up with your riding companions. By the way, motorcyclists are required to take a riding course every three years to maintain their USAREUR driving certificate.

Don't cut your riding season short because you failed to update your training. The key to a great ride is "risk" management, because the more you know the better it gets!

Ride safely and enjoy the ride...

DISCUSSION BOARD

Find out what your garrison commanders and members of your community are saying in the BWnow virtual community



Join the virtual community today
<http://myBWnow.ning.com>

Question: Have you used the ICE (Interactive Customer Evaluation) system before, and if you have, what types of services do you typically review?

I use ICE pretty regularly, when we have exceptional service or a really unpleasant experience. I comment when I visit a service I don't regularly use, when a policy changes that affects me (e.g. clinic appointment policy) and when I need to reach out about something but don't really know who to call. When I have a complaint or question, I usually receive feedback and some

sort of resolution. I definitely hope my comments are passed on appropriately. The ICE program is great; it's much better than talking into the ether.

-Kelly Ramirez, BWnow Member

Of course! It is the only thing that got Housing Facilities Management to, if not fix the problem, listen to us. On other hand, a good way to commend some excellent services, like Library programs.

-Mihaela Froehlich, BWnow Facebook Fan

I have written many positive feedbacks for several people/services. Also I made several complaints about the commissary/shopette for constantly having expired foods in their shelves. I usually get a response except the Post Office, I have written three positive feedbacks and I requested a response and I never got one. Does the Post Office get them, or does it go into space?

-Helena Kovac-Giese, BWnow Facebook Fan



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Air defenders train Polish partners on missile system

By Kelley English
USAG KAISERSLAUTERN PUBLIC AFFAIRS

U.S. Army Europe's Patriot missile unit, the 5th Battalion, 7th Air Defense Artillery out of Kaiserslautern, sent Soldiers to Poland to begin the initial phases of a long-term agreement between the two countries.

The mission will ultimately improve the global missile defense program, said 1st Lt. William Green, Battery A fire control platoon leader.

Battery A started off the mission, and each battery will execute rotations in a plan that calls for each battery to have participated in at least two exercises by 2012, Green said.

"We are familiarizing them with the patriot system – our equipment, our procedures and how we do things. It's not detailed in terms of our capabilities but it's familiarizing them with the equipment and how we operate," 1st Lt. John O'Brien said.

The troops were given the opportunity to take Family and Morale, Welfare and Recreation trips and explore the sights of Poland during their rotation, but the mission was always first priority.

"It wasn't always work but we got a lot of work done," 1st Lt. Lois Perez-Jara said. "We had a lot of time to train as a battery and to get things done beforehand. There's constant training. With the patriot system, you have to stay on top of your training to maintain your proficiency, and we continued with it while we were there as well."

The trip was rewarding to Soldiers not only for mission experience, but on a personal level as well.

"The best way to learn something is to have to teach it," Green said. "By having to go through certifications to be an instructor, I think it increased our Soldiers' knowledge in the system. By looking at a NATO ally's equipment, we got to increase our Soldiers' awareness of how we fit into the bigger missile defense picture. The other side is on a more personal level as far as building relationships Soldier to Soldier. We had Soldiers that would meet up with their counterparts after hours and play cards in the barracks and some traded little pieces of uniform and played on the Wii that we have over there. It goes beyond the job that we actually get to sit and talk."

To Perez-Jara, one of the 11 female Soldiers on the mission, one of the most noticeable differences in the two militaries was the role and presence of women.

"The Polish military had one female in all of the people that we were training," Perez-Jara said. "We were familiarizing the Polish military, not just the army or the air force; it was a conglomerate of the country's different forces. We had 11 females in just the amount of people we took. It was an experience for them to see how women operate in our military because it's not a common thing for them."

The enlisted Soldiers of Battery A were given the opportunity to teach Polish officers how to use the equipment so that they could relay the information back to their troops.

According to Perez-Jara and Green, it was an exciting experience for the Soldiers to realize how much our military trusts them to go out and be able to perform their assigned tasks.

"These guys know their job well enough that we don't need a specialized team of Soldiers that are trained to train other people. Our Soldiers know their jobs well enough where they can go one on one with a foreign military and teach them their job," Green said.

Officials outline rules for allowing guests to drive USAREUR-plated private vehicles in Germany

By Robert Szostek
USAREUR OPM PUBLIC AFFAIRS

One advantage of being stationed in Europe is that friends and family can visit and get that real 'old world' travel experience. They can also share the burden of driving if you take trips with them. But you must get customs approval first if you want to let them drive your U.S. Army Europe-plated car on their own excursions.

"Just go to your local military customs office and fill out the application form," said Bill Johnson, director of the USAREUR Customs Executive Agency. "If you want to have the paperwork ready when your relatives or friends arrive, you should bring along your

vehicle registration and clear copies of their passports and stateside or international driver's licenses," he added.

Two things to remember are that guests cannot be residents of Germany, and they can't be dependents of the person they are visiting. It is also important to make sure guests are covered by their hosts' automobile insurance policies.

Guests can use this exception to policy to drive a USAREUR-registered privately owned vehicle in Germany for up to 90 days after entering the European Union.

The authorization document must be in the car when guests use a vehicle independently, along with their passports, the vehicle registration, proof of insurance

and the guests' international driver's licenses (or official translations of their licenses).

"Driving in Germany is tax- and duty-free for U.S. forces personnel and their dependents," Johnson explained, which is why the customs authorization is required for guests.

But he warned that this exception to policy does not let guests buy gas at Army and Air Force Exchange Service gas stations or use their hosts' AAFES fuel cards. Likewise, visitors to Germany who rent a car may not use AAFES stations or fuel cards.

More information on the policy is available on the USAREUR Customs Executive Agency Web site at www.hqusareur.army.mil/opm/custom3.htm.

Mannheim Vacation Bible School



Margaret Clevenger

This year's Vacation Bible School program, held July 15-Saturday, was a success for children and volunteers alike. The annual summer event provided children from the Mannheim community a way to meet others, learn about the Bible, and play games. To be successful, VBS required many helping hands. The Mannheim Youth of the Chapel volunteered many hours to the program, with several of the teens running groups. Volunteers from Virginia also gave up their time and money to fly to Mannheim for the event. The children were divided up into sea-themed groups such as hidden treasure, jellyfish and swordfish. Each child was given a colored sailor hat which coordinated with the rest of their group. From there, a volunteer would take the children from station to station where they played games and participated in arts and crafts.

Smooth on the bottom, easy on the wallet

Seminar shows benefits of using cloth diapers versus disposables

By Jonathan Ochart
HERALD POST INTERN

Disposable diapers appear a bit stale when compared to cloth diapers, an alternative beneficial not only to a baby's skin, but for the environment and pocketbook as well.

To inform parents and those expecting children about the seemingly daunting option, seminars were held July 15 and Saturday on Patrick Henry Village. A colorful array of diapers boasting various patterns, including animal prints and sports team logos, mirrored the excitement on the community members' faces when learning about them.

Angela Torres, birth doula, lactation counselor and budding childbirth educator, began using cloth diapers nine years ago when they were not yet in vogue. Having used them on her three children, Torres was able to provide attendees with detailed information and tips gained from experience regarding the different types of diapers, how to take care of them and more.

"Like any other group in the military, there are families who have needs, and some of these needs are more specialized than others," Torres said. "I think this is important not just for our families, but for our environment to be able to sit and discuss cloth diapering together since someone who might want to make a switch can be too overwhelmed to do it alone because there's so much out there."

The modern cloth diapers discussed during the seminar are much easier to use than



Angela Torres, birth doula, lactation counselor and prospective childbirth educator, displays a prefold diaper during the cloth diapering seminar held at the Yellow Ribbon Room on Patrick Henry Village July 15.

the pin-up diapers from the past. With pocket-style, all-in-one and fitted diapers, among others, parents may change their child's diapers with ease. Super soaker materials within the diaper liners, including bamboo, hemp and cotton, also provide high levels of absorption and comfort that prevent "blowouts," according to the cloth diapering mothers at the seminar.

While apparently expensive at first, cloth diapers can save money in the long run. On average, a brand-name all-in-one cloth diaper that mimics the shape of a disposable diaper and uses snaps or Velcro for closure can cost about \$20 each, while those made by less popular brands average less

than half that price. A dozen old-style prefold cloth diapers costs about \$25.

Considering that disposable diapers cost an average of \$1,600 until a child is potty-trained (and that's if he is potty-trained by age 2), using cloth diapers seems to be the most cost-effective choice due to their durability. A child only needs about 20 cloth diapers when washed every other day.

While the alternative saves money, it helps conserve the planet as well.

"Disposable diapers impact the environment, just like other manufactured products, through their use of non-renewable, i.e. petroleum, and renewable resources, i.e. trees

or cotton," said Samantha Rogers, Directorate of Public Works pollution prevention specialist. "In the long run, the use of fossil fuels leads to a depletion of that resource and also increases air emissions."

The average child uses about 6,000 to 8,000 disposable diapers before becoming potty-trained, contributing to the nearly 49 million diapers thrown away each day in the United States alone, according to www.realdiaperassociation.org. It takes disposable diapers several hundred years to decompose, and landfills become saturated with 18 billion additional diapers every year. The fact that cloth diapers can be reused and even sold once the child becomes

potty-trained prevents more diapers from taking over the earth.

"If you want to reduce solid waste, go with cloth," Rogers said. "Using an efficient washer and line-drying will reduce their energy impact. Disposables reduce consumer-end water consumption. You make the difference; it's up to you to weigh all of the impacts when deciding."

Marlo Dowdy, an expecting mother, knew little about the alternative before coming to the seminar.

"I came so I can learn more about cloth diapers and the options out there," Dowdy said. "This is a great opportunity for new moms to learn a lot about the options and hear from others' experiences, and hopefully more people will take advantage of this resource in the future."

"I like how they don't have chemicals," Dowdy added, "and that there are cloth wipes and diapers that don't have to be thrown away every day while also saving costs. I'm excited to see how it all works."

Whether hoping to save money, protect the environment, prevent rashes on a baby's skin or to simply have an endless supply of decorative diapers, look out for future meetings held by the cloth diapering group.

"If you're interested, just try it," Torres said. "Reach out, find someone — find us. It's not as scary as it seems. They've made it much easier to make the switch than it used to be."

If you have questions join the "cloth diapers" group at <http://myBwnow.ning.com>.



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ACS employee heads to dream job in France

By Kelley English

USAG KAISERSLAUTERN PUBLIC AFFAIRS

After more than two years with U.S. Army Garrison Kaiserslautern Army Community Service, mobile station and program manager Bruce Malone will soon have the job of his dreams as the assistant superintendent for the Lorraine American Cemetery in France.

In his previous job, Malone prepared Soldiers and families for when their loved ones went downrange, and helped them reintegrate into the community when they returned.

In addition to working with ACS, Malone also served 24 years in the Army as a bandsman-musician.

"It was the best job you can have," Malone said. "I've played Army and I've played rock star. I've met kings and queens and presidents, and I've gone out and been deployed with troops downrange."

To transfer from musician and ACS employee to assistant superintendent for the Lorraine American Cemetery in France, Malone had to submit an application and take one of the hardest French tests he has ever endured.

Now, after getting the job with the American Battle Monuments Commission, Malone can begin a new career path that still correlates with his past.

"It's almost like everything I've done has pointed to this direction," Malone said. "I have a grandfather buried in the Henri-Chapelle American Cemetery in Belgium. My career in the Army as a musician involved ceremonies all the time; therefore, I have a great knowledge on how to put different kinds of ceremonies together."

"I also have a history degree and am absolutely fascinated with military history," he added.

Malone will be working with about 20 local staff on the 113-acre cemetery, which contains the largest number of graves – 10,489, – of our military dead from World War II in Europe.

"In a lot of cases you look at it as hallowed ground. The cemeteries are on the actual places where battles took place. The Soldiers remain there with their comrades – with their buddies. For the later part of my Army career and working here at ACS, my job has been working for and taking care of Soldiers. I'm still going to do that, a little differently because these Soldiers don't talk back, but they're heroes to me," he said.

Michelle Thomas, ACS director for the USAG Kaiserslautern and Malone's former boss, believes Malone is heading to a job that suits his skills and interests perfectly.

"That was his thing: history, history, history," Thomas said. "He has a wealth of historical knowledge, and he is one I definitely did not want to lose."

While Malone has concluded one chapter of his life since his departure from the garrison in early July, a new one awaits.

"To stand at the top of the hill at the Lorraine Cemetery in front of the big chapel and see all of the white crosses is breathtaking," Malone said. "You can see the cemeteries on TV or on the Web site, but you've got to go see one in person - you'll get goose bumps."

Faces of the community: Kaiserslautern Java Café



Dijon Rolle

Java Café barista Veronica Doty prepares a fruity pineapple concoction for a customer at the Java Café on Rhine Ordnance Barracks in Bldg. 273 in Kaiserslautern inside of the Warrior Zone. The Java Café offers a wide selection of coffee drinks, smoothies, teas, baked goods, wraps and sandwiches. Customers can even place their order through a drive-up window. Java Café employees also host a trivia night every Wednesday 6-8:30 p.m. The Java Café is open Monday-Thursday 6 a.m.-10 p.m., Friday 6 a.m.-midnight, Saturday 9 a.m.-midnight and Sunday 10 a.m.-4 p.m. The facility is closed on federal holidays. DSN 493-2623. www.mwrgermany.com.

Farewell Soldiers



Dijon Rolle

Soldiers of Headquarters V Corps take part in a ceremony in honor of their impending departure for a 12-month deployment to Afghanistan, in Victory Park on Campbell Barracks in Heidelberg Monday. During their deployment the Soldiers will support the NATO mission in Afghanistan as part of the IJC – the International Security Assistance Force Joint Command.

Teens get real-world experience through Summer Hire program

By Jonathan Ochart
HERALD POST INTERN

Summer break – the oasis from school that adolescents look forward to after surviving endless months of reading textbooks and writing essays.

However, some teens decided to push pool parties and lazy days to the side to bulk up their bank accounts and gain working experience thanks to the Summer Hire program.

The program's purpose "is to give some young people the opportunity to learn about the real working world, to get them to understand the responsibility of money, and to get them occupied during the summer," said Ronald Joseph, director of human resources for U.S. Army Garrison Baden-Württemberg.

Haley Wewers, a veteran of the program, makes up one of the 134 teens in the Heidelberg, Mannheim and Kaiserslautern military communities who chose employment over relaxation this summer.

The recent graduate from Heidelberg High School rises early with the sun to arrive at work on time.

As an employee of the Patton Fitness Center, Wewers must meet a number of responsibilities similar to those who work there permanently, therefore allowing her to expand her skills.

Wewers, along with two other summer hires, walks through the facility in the morning to ensure everything, including weights and machines, satisfies certain standards.

"It's hard work, but it's worth it," Wewers said. "It's a great way to save money for college, books and classes."

In addition to taking care of future expenses, Wewers considers the summer job as an opportunity to grow.

"I gained a lot of experience from this job, and I can add more to my resume, which will hopefully help me get other jobs," Wewers said.

Wewers' employer, Patton Fitness Center assistant facility manager Steven Sanders, also enjoys the program and is content with his summer employees so far.

"It took a lot of stress off of

my normal staff," Sanders said. "They fit in really well, learn quickly, and they can do their tasks unsupervised. They're a great group of kids and are willing to work."

"I hope the program continues, and I hope they can expand it so they can learn more skills," he continued. "I like how it's like an internship program to give them an idea if they want to do this job or another one in the future."

Young community members throughout USAG Baden-Württemberg earn their wages in a variety of fields in various locations, including office and labor jobs.

Tasked with beautifying the Heidelberg installation, particularly the shopping center, other summer hires enjoy being able to see their impact upon the community immediately.

"I did it to keep busy during summer and to keep me from being bored, and to get some money at the same time," said Bryce Jackson, a summer hire working with the Installation Coordinator's Office.

After liberating pesky weeds trapped in sidewalks, raking leaves, and picking up trash, the summer hires have had the opportunity to open their minds up to the working world.

"By doing this job, you learn to respect those who actually do what we're doing even more, because we know what they have to do now," Jackson said.

"I've learned that life isn't just fun and games; you have to work," said Nicholas Labadini, another summer hire working with the Installation Coordinator's Office.

Although Jackson considers storms and the heat to be nuisances while working, he enjoys being able to spend time talking with friends while on the job.

Similar to Wewers, Jackson plans to save his money, while Labadini wishes to buy a computer with his income. While some may not consider earning \$5.50 an hour to be a pretty penny, the summer hires' lustrous impact upon the community will remain evident even after their six-week tenure.

Air Force trains in Mannheim



Photos by Sieg Heppner

Airman 1st Class Jeremiah Osborn, a fighter duty technician, sets up and tests a military satellite phone system during the 4th Air Support Operations Squadron "Warhawk Challenge" training exercise at the Lampertheim Training area in Mannheim last month. The Air Force unit, located on Sullivan Barracks, learned how to use new digital equipment to help them with the tasking, coordination, and employment of offensive air support for allied ground forces, in addition to providing command and control for aircrafts and managing brigade, battalion and division close air support requests.



Master Sgt. Tim Ryan, the operations superintendent, checks his equipment in the 4th ASOS' deployment operations cell while others in the unit undergo training in a separate, yet connected, part of the camp.



Two Airmen check the outside of the command post vehicle set up in the Lampertheim Training Area during the "Warhawk Challenge" exercise.



U.S. Army Photo

Posting security just outside the walls of a combined security checkpoint, Crew Chief Sgt. Fred Oser, attached to 2nd Heavy Brigade Combat Team, 3rd Infantry Division, stands watch for hostile threats as Soldiers and Iraqi dignitaries board a UH-60 Black Hawk before taking off in the Ninewa province, July 2.



U.S. Army Photo

Spc. Magan Lindsey Girr of Camden, S.C., 1-178th Field Artillery Battalion, South Carolina Army National Guard, hands a stuffed bear to a young Afghan girl during a humanitarian assistance mission, July 15, in a remote village of Kabul province. Girr, a medic at Camp Phoenix, was there to assist the Civil Military Operations, and distribute aid to more than 450 people of the Naw Abad Village.



U.S. Air Force Senior Airman Perry Aston

Soldiers from Company C, 67th Signal Battalion stationed at Fort Gordon, Ga., board a C-17 Globemaster III aircraft at Sather Air Base in Iraq on July 10. The aircraft is from the 817th Expeditionary Airlift Squadron out of Incirlik Air Base, Turkey, and deployed from Charleston Air Force Base, S.C. Company C is redeploying to their home unit as part of the drawdown to 50,000 troops in Iraq by Aug. 31.



U.S. Army Photo

Human Terrain Analysis Team, Iraqi Police, and Soldiers with 354th Military Police Company in support of 1st Battalion, 68th Armor Regiment, conduct a full atmospheric survey in the Basra province, Iraq, July 5. Human Terrain Analysis Team, Iraqi army and Soldiers with 354th Military Police Company conducted an atmospheric analysis to better understand the population and culture of the communities.



Sgt. Adrienne Killingsworth

Sgt. Matthew Ruebush (left), 529th Military Police Company watch commander, and Sgt. James Divito (right), 9th MP Detachment correction noncommissioned officer, arrest Staff Sgt. Alex Jones, an airman playing as an escaped convict during the U.S. Army Confinement Facility-Europe's quarterly Emergency Action Plan exercise June 23 in Mannheim.

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Margaret Clevenger

Soldiers of the 72 ESP were reunited with their families after a long deployment in Iraq at the Sullivan Gym in Mannheim July 16.

AER

continued from page 1

possible solution to help them.” Barnes retired in 2008 after 23 years in the Army, and he’s been an AER officer for three months.

“When you come to the training, it not only gives you a better aspect of the job but also how to deal with your job,” he said.

“It also gave me a better understanding of the guidelines and a better networking system because we all don’t know everything,” Barnes said.

While this is Barnes’ first conference, USAG Baden-Württemberg AER Officer Barbara Baeck has attended several during her 10 years in the field.

“You need a refresher every year, even though we have a training manual, it’s good because some of the cases they see in the States ... we don’t see over here or vice-versa so it’s good to have that exposure,” Baeck said.

A team of program managers from the AER Headquarters in Alexandria, Va., led the group through a variety of training modules on everything from risk management and accounting procedures, to the future updates planned for their computer systems.

A large portion of the training also focused on scenario-based case work and problem-solving.

“We teach a lot about how to handle different cases and different situations they may come across during their time in the job, and it’s also a great opportunity for them to learn from each other about different things they have experienced and how they handled it,” said Eldon Mullis, deputy director for administration and corporate secretary for Army Emergency Relief.

The visiting team of AER program managers are all retired military members who say they still draw on their days in uniform to help them now.

“We love our job because it still gives us an opportunity to interface with Soldiers and more importantly to continue to help Soldiers,” said Dennis Scott, assistant deputy director for administration for Headquarters, Army Emergency Relief.

“One of the things that we realized over the years in AER is that we need to create a greater awareness of AER throughout the Army, and one avenue we take to achieve that goal is through our AER officers,” he said. “We use the training as an opportunity to make sure they are up to date on current policies and pro-

cedures, and they can take and apply that knowledge to their Soldiers and local installations.”

All admit their knowledge of the AER program is much greater now that they are out of uniform.

“When I was a Soldier, I didn’t really know about AER,” said Donald Vincent, AER loan management supervisor. “When I took this job 11 years ago and I sat down and read all the policies and procedures, I was amazed. I didn’t know AER could do all these things.”

“That’s why we also want to stress educating our leadership from the top, because whatever comes from the top Soldiers are going to do,” he added.

Once the training was complete the group had an opportunity to provide feedback to the team and participate in a final question-and-answer session before receiving their certificates.

Twenty-one Army Emergency Relief program officers and assistants from U.S. Army garrisons across Europe attended the two and a half day conference.

In 2009 AER provided \$3.2 million in assistance to USAREUR Soldiers, families and retirees.

For more information on the AER program, visit www.aerhq.org.

NIGHT OUT

continued from page 1

said Staff Sgt. Joseph Onessimo, event organizer and Heidelberg Provost Marshal’s Office assistant operations sergeant.

“They can meet the people that provide protection and services to them and see some of the toys and hardware we use up close. We want everyone to come out and to get involved in their own areas where they can have a personnel stake and a personnel partnership with law enforcement officers,” Onessimo said.

Melvin Jones, U.S. Army Garrison Baden-Württemberg director of emergency services, says another added bonus to hosting a National Night Out, is the community’s increased awareness of law enforcement and emergency services programs and how to use them, which in turn means increased safety and security.

This year’s event will feature Soldiers from the 529th Military Police Company and the German Polizei, static displays, military police vehicles, booths and presentations from Better Opportunities for Single Soldiers, DARE and the new anti-terrorism program, iWatch.

USAG Baden-Württemberg Commander Col. William Butcher will also speak, and community members are invited to cook-out during the event.

Earlier in the day there will be a 5-kilometer “burglar run” starting and ending at the PHV commissary at 6:30 a.m.

Runners will chase a masked burglar along a designated route. Onessimo says the run is “a symbolic effort to literally chase crime off post.”


The Heidelberg community National Night Out event will be 4:30-9 p.m. Aug. 3. The displays and vehicles will be set up on the three PHV playgrounds between Bldgs. 4421 and 4426 on S. Lexington Avenue.

The event is free and open to the public. For more information call DSN 388-2500.

National Night Out is an annual community focused event celebrated in the United States, Canada and military bases around the world since 1984.

It is usually held each year on the first Tuesday in August.

Last year over 15,000 communities and 36 million people worldwide participated in the event.




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Chili Cook-Off

Time to get fired up on flavor

By Jonathan Ochart
Herald Post Intern

If life's recipe is beginning to look a bit bland, Family and Morale, Welfare and Recreation's upcoming Chili Cook-Off possesses the ingredients to fire up your weekend with endless amounts of spice.

Anyone, ranging from seasoned chili masters to novices, non ID-card holders to children, can put their cooking skills to the test at the Heidelberg Rod and Gun Club at 9 a.m. July 31.

Those interested in participating can either go solo or as a team, and military units can battle it out together. Even individuals solely wishing for chili samples to dance feverishly upon their tongues may attend.

Participants can expect to "have a good time and test a lot of chili," said Richard Ecsodi, Chili Cook-Off committee member. "The Heidelberg Rod and Gun Club is a family-oriented place of leisure. This competition is not a dead-serious event, but a fun get-together of chili aficionados."

"I enjoy the whole day and watching people chop, cut and cook," said Stephanie Dempsey, also known as the "Chili Lady" for her years of involvement in planning the annual event. "I like when people come to the event and taste all the different chilies, such as wild boar, kangaroo, ostrich, chocolate, beer and seafood chilies, as well as watching the judges taste them."

By partaking in the event,

individuals can not only cook up heaps of flavor, but they may also experience fellowship by trading recipe ideas and getting to know others who also enjoy the dish.

Moreover, participants and spectators can relish in placing delectable morsels of the Tex-Mex cuisine known for owning a number of secret ingredients in their hungry mouths. Smooth, scrumptious sour creams, rich cheeses, savory spices and mystery meats will combine to create piles of mouth-watering delicacies.

Carol Bellini, of the Heidelberg community, never participated in a cook-off before until she entered her wild boar chili in the competition last year.

However, keeping in mind the flaming and passionate atmosphere of the event, she plans on contending once more.

"I thoroughly enjoyed the Chili Cook-Off last year," Bellini said. "I never participated in one before and did not know what to expect. I love to cook, however, and also to cook for large groups of people. It turned out to be a great time."

"Chili is a good competition food," Bellini added, "because every cook has a different interpretation of what makes the most delicious chili. I can be as creative as I wish, and that is part of what makes cooking so much fun."

Last year, about 20 groups and individuals entered 41 different types of chili, and more are expected to come this year for the cook-off's eighth annual event.

Prizes for creating the cream

Categories

- ◆ Youth
- ◆ Chili with Fillers (beans, hominy)
- ◆ Chili without Fillers (only meat and spices)
- ◆ International (non-ID Card holders)
- ◆ Best Decorated Booth
- ◆ Spiciest, yet Edible Chili
- ◆ Best Group Chili

Critiques

- ◆ Taste
- ◆ Smell
- ◆ Texture
- ◆ Color

of the crop include trophies, tickets to FMWR trips and more.

Moreover, winners can officially call themselves the best of the best.

For Dempsey, the real prize is watching the winners' faces when receiving their awards.

"You can see they had a good time," Dempsey said. "Like one contestant who made Alabama deer and beer chili last year said, 'any day you sit around, make and eat chili is a good day.'"

Those interested in showing off their cooking talents can sign-up at the Rod and Gun Club store or on the day of the competition by 1 p.m.

Contenders must sign-up on time so enough electrical outlets will be available on site to spark the competition with bursts of tangy tastes.

Participants must pay a \$5 entry fee for each chili submitted for the contest, which must be made on site beginning at 9 a.m. to be judged at 3 p.m.

For more information, contact the Rod and Gun Club at civ. 06202-51193 or visit www.mwrgermany.com.

GERMAN COOKING

Smokey German Fondue

Servings: 1

Ingredients:

- ◆ 1/2 small onion
- ◆ 8 fluid ounces light ale
- ◆ 12 ounces German smoked cheese
- ◆ 1 ounce grated German smoked cheese
- ◆ 4 ounces emmental cheese, grated
- ◆ 3 teaspoons cornflour
- ◆ 3 tablespoons milk
- ◆ 1 teaspoon german mustard
- ◆ rye bread to serve
- ◆ frankfurters to serve

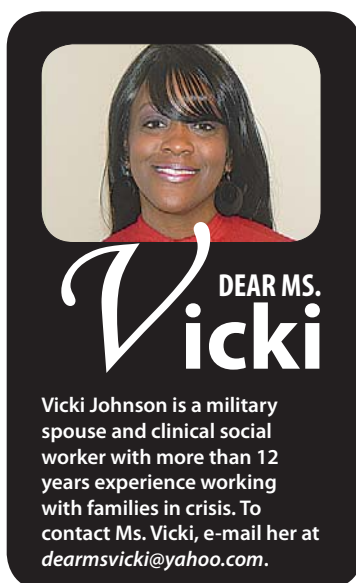
Directions:

- ◆ Rub inside of fondue pot with cut side of onion. Pour in ale, heat gently until bubbling.
- ◆ Reduce heat and gradually stir in cheeses. Heat slowly until cheese melts, stirring frequently.
- ◆ In a small bowl, blend cornflour with milk, stir into cheese with mustard until mixture is thick and creamy, stirring frequently.
- ◆ Serve with cubes of rye bread and pieces of cooked frankfurters.

SOURCE: www.mygermanrecipes.com

Learn all about German Cuisine, Food Shopping and Nutrition

Are you curious about local foods available on the economy? Visit an organic food store or a typical grocery store accompanied by a registered dietitian who is fluent in the German language and an expert on cultural nutrition differences. Call the Nutrition Care Branch at the Heidelberg Health Center to book your free tour, DSN 371-2747, civ. 06221-17-2747.



Dear Ms. Vicki,

I have a friend that loves to read your postings and got me hooked.

It has taken me a while to actually write you on this cause I was not sure. I am in the Army National Guard, and I love what I do. I just recently got engaged to a wonderful man that I love with all my heart.

He too is a Guard member and I was hoping to maybe get some help. We have talked about children and how much I want them, only we have a little bit of a problem. I didn't want to ask anyone here from my unit for fear of talk and everyone in your personal life issue.

He is unable to have children because his ex-wife wanted him to get a vasectomy. He did and now he wishes that he didn't.

I have looked into the reversal and wow, I must say that I am afraid that we will not be able to afford to get it done.

He was active duty before becoming guard and that was when he had it done. We have also looked at in vitro fertilization and that would break us financially.

Do you know if and how or what we need to do to see if the military will either pay or help us pay for this procedure?

I love him dearly, and I know that it breaks his heart when we talk about it. I know that there is a good chance I will never be able to experience the wonderful gift of having and carrying my own children with him. I also know that our civilian health insurance will not cover this either.

This is my last hope; I have almost completely come to the conclusion that we will just never be able to have "our" child together. Any help that you could give would be greatly appreciated.

Thank you for your time.

From: J.D.

Dear J.D.,

Thank you for writing me and for sharing your situation with me. This is a good question.

I did some checking at the major military hospital here in my area, and I did not get a definitive answer. Some answers I received were "yes," "absolutely not," "maybe" and "depends on the situation."

This leads me to say that your fiancé should make an appointment with his primary care physician for a consultation as soon as possible.

If the military would pay for any procedure, this doctor would know for sure and could make proper referral to other clinics as

appropriate. I wish you and your fiancé all the best.

Please write me and let me know what information you glean so I can share the information with other readers.

Responses to previous columns:

Dear Ms. Vicki,

You have a habit of making everything seem like it's easy to do when it's not. When someone is stressed out or depressed, it's very hard to make immediate changes. You can't go one, two, and three now everything is all better – it's all over.

It just doesn't work like that. I know it's not your fault that people have all of the different problems they bring to you, but I feel like you can still show a little more empathy.

From: Not Mad at You

Dear Ms. Vicki,

Your advice to last week's letter should have included the following information:

Army Regulation 608-99 requires Army service members to provide support to family members. As long as she is married to the service member he is required to pay support.

In the absence of a court order/divorce he is required to provide "minimum support" which is usually the amount of the Soldier's BAH II.

AR 608-99 is a punitive regulation and the Soldier can be punished for noncompliance. Bottom Line: She should contact the Soldier's commander or the Command Inspector General immediately on the issue of family nonsupport.

Department of Defense's oldest and largest exchange service to mark 115 years of support

AAFES Public Affairs

As the Army and Air Force Exchange Service readies to mark 115 years of service and support to America's military, the military command's mission remains basically the same: provide quality goods and services at competitively low prices and generate earnings to support Family and Morale, Welfare and Recreation and services programs.

Established July 25, 1895, when the War Department issued General Order number 46 directing post commanders to establish an exchange at every post where practicable, AAFES continues to deliver a comprehensive and customer-focused benefit to troops and their families at installations throughout America, Europe, the Pacific and Middle East.

In addition to its flagship exchange

facilities, modern AAFES operations also include convenience stores, car care centers, military clothing sales stores, fast food restaurants, retail concession services such as flower shops and gift stores, vending, telecommunications support and a wide variety of personal services through more than 3,100 facilities in 25 countries, five U.S. territories and all 50 states.

The scope of current operations goes well beyond the conventional offerings the War Department might have envisioned in the late 1800's as AAFES today operates bakeries, water bottling activities and provides more than 22,000 meals a day to troops' children at 91 Department of Defense Schools in nine countries.

Just like the merchants who supplied provisions to America's troops in the late 19th century, AAFES

associates continue to live and work alongside those they serve. In fact, more than 300 associates are currently deployed to Operations Enduring and Iraqi Freedom, actively delivering a slice of Americana to troops through 90 Exchange operations, 72 phone centers and 250 fast food restaurants scattered throughout the Middle East.

Closer to home, the largest and most senior exchange service is focused on energizing outreach efforts to communicate the value, benefit and capabilities it brings to the military community.

Recognizing the pivotal role National Guard and Reserve troops are playing as they transition from a strategic force to an operational force, AAFES is specifically reaching out to "Citizen Soldiers" families to ensure they understand the value

of their exchange benefit not only downrange, but also on the installation, online or over the phone. AAFES' outreach efforts are further enhanced through social media channels such as Twitter, YouTube, Facebook and SalutetoYourService.com, that strengthen positive, long-term relationships with military shoppers.

"AAFES' commitment to America's troops is as strong as it's ever been," said Col. Virgil Williams, AAFES chief of staff. "Whether at their home station, deployed overseas, providing support in the wake of a natural disaster, or even in the hospital, AAFES is there."

Keeping in the spirit of exceptional service and support, exchanges and the Exchange Online Store are inviting authorized customers to "celebrate the savings" Sunday-Tuesday.

GET OUT!

area events

More events online at <http://myBWnow.ning.com>

July 23

Geocaching - Join Heidelberg Army Community Service for a geocaching adventure. Geocaching is a GPS treasure hunt played throughout the world. ACS Heidelberg will post the coordinates of three different caches or hidden treasures on the ACS Heidelberg Facebook Page and BWnow. Put those coordinates in your GPS, locate the geocache(s) and then share your experiences online. There are three caches so the more you find the better your chances are at winning. Winners will be announced July 27. DSN 370-6883, <http://mybwnow.ning.com/>, www.mwrgermany.com/HD/acs.

July 24

European American Football Championship Tournament - Enjoy live grid-iron action right here in Europe during the European American football championship tournament in Frankfurt. Germany opens the week long event against Austria at 7:30 p.m. at Frankfurt's Commerzbank Arena. The arena is northeast of Frankfurt International Airport and north of the A-3 Wiesbaden-Wuerzburg autobahn. Follow the soccer-ball, "stadion" signs at the second exit east of the intersection of the A-3 and the A-5 Frankfurt-Basel autobahns. Tickets are €8. www.football-em.de.
Annweiler and Trifels Castle - Explore two exciting destinations – Trifels Castle and the town of Annweiler. Annweiler, the charming town at the foot of Trifels Castle, will be celebrating its annual medieval market, the Richard the Lion Heart Festival. Perched high above the town is the castle of Trifels. The castle was first mentioned in the year 1081, and was one of the imperial castles of Frederick Barbarossa. <http://affiliates.uso.org/Kaiserslautern>.
Holland Sailing Adventure - Set sail for a nautical adventure on Holland's inland coast between Amsterdam and Volendam. During the cruise, you can relax and enjoy the experience or volunteer to help the crew members. Enjoy free time in Volendam and Amsterdam to explore, shop or just have a meal or drink. <http://affiliates.uso.org/Kaiserslautern>.

July 25

Ropes Course - Challenge yourself and spend the day with Kaiserslautern Army Outdoor Recreation tackling the Tree Top ropes course. DSN 493-4117, civ. 0631-3406-4117.

July 31

Four Castle Illumination - Cruise along the Neckar and enjoy the breathtaking sight of the four castles overlooking the village of Neckarsteinach. From the boat,

you'll have a terrific view of the illumination, fireworks, and a waterfall of lights. <http://affiliates.uso.org/rheinneckar>. A boat ride is also offered The Rhein-Neckar Silver Chapter, Warrant Officers Association DSN 370-9696, civ. 0151-127-29079.
Salsa Night - Learn to salsa or show off your skills with a live disc jockey, margarita bar, free finger foods and an hour of free salsa lessons. 8 p.m.-1 a.m. Armstrong's Club, Bldg. 1036, Vogelweh Housing in Kaiserslautern. DSN 489-6000, civ. 0631-354-9986.
Europa Park - Spend the day at Europa Park, one of Germany's most popular amusement parks with Kaiserslautern Army Outdoor Recreation. DSN 493-4117, civ. 0631-3406-4117.
Chili Cook-Off - There will be a chili cook-off July 31 at the Heidelberg Rod and Gun Club in Oftersheim. Cooking starts at 9 a.m. and judging begins at 3 p.m. There is a \$5 entry fee. Civ. 06202-51193. www.mwrgermany.com.

August 7

Mark Twain Tour - Follow in the footsteps of the famous writer Mark Twain with a tour through Heidelberg's Old Town at 3 p.m. at the Lion Fountain on University Square located on the Grabengasse near the Hauptstrasse. Buses go directly there (look for University Square or "Universitätsplatz") from Bismarckplatz or from the main train station. The Lion Fountain is right there as you step off of the bus at Universitätsplatz. Cost is €7 for adults and €5 for students. The price covers a ticket for the two-hour guided tour in English. A €3 per person fee covers admission to the Student Prison and the Alte Aula. No reservations are required. Private group tours are also available. Civ. 06221-436880 c.m.frey@gmx.de.
Art Exhibition - There will be a Tine Klein art exhibition followed by a meet and greet with the artist at 7 p.m. at the Heidelberg Arts and Cultural Center art gallery in Bldg.4507 on Patrick Henry Village. The exhibition is titled "And Suddenly An Alien," and runs through Sept. 17. DSN 388-9418.
Weinheim Tour and Festival - Travel by streetcar for a day of shopping, sightseeing, and exploring in this romantic city. The city festival is also going on and features plenty of children's rides, music and tasty food to eat. <http://affiliates.uso.org/rheinneckar>.
Strasbourg - Strasbourg is home of the European Parliament and the capital of the Alsace region. Begin your day with a city tour, including the beautiful Gothic cathedral with the famous astronomical clock built in 1483, and the famous "Petite France" section of the charming old city with its 16th and 17th century timbered houses. After the tour you will have free

time to try one of the regional dishes, explore the city center and shop. <http://affiliates.uso.org/rheinneckar>.

August 14

Mosel Dinner and Wine Tasting - This popular tour starts in the picturesque village of Bernkastel-Kues. Here you'll discover medieval half-timbered houses surrounded by vineyards and dominated by the mighty 13th century castle Landshut. After a city tour, you'll have time for shopping, exploring, and a light snack. You'll also pay a visit to a family-owned Weingut and enjoy a traditional German meal and tour of the vineyards. <http://affiliates.uso.org/Kaiserslautern>.

August 15

Player's Choice Bingo - Choose the game you want to be played 3-6 p.m. at the Kazabra Club, Bldg. 2057 on Vogelweh housing. You'll also have the chance to win over \$10,000 in cash with four guaranteed \$1,000 games. Doors open at 1 p.m. and free buffet at 2 p.m. DSN 489-7261, civ. 0631-536-7261.

August 18

Cheap Eats - Learn how to cook great food quickly and on a budget with BOSS Cheap Eats. Football season is right around the corner. Learn how to create delicious finger foods perfect for a pre-game party and halftime break. Join Heidelberg BOSS at the Warrior Zone on Patton Barracks at 6 p.m. for this free event. Open to all Soldiers and their guests ages 18 and over and Family Readiness Group members. www.mwrgermany.com.

August 21

Disneyland Paris - Experience the Magic Kingdom and see the characters you have enjoyed come to life at Disneyland Paris. Tour includes round-trip transportation and entrance ticket to either the movie or theme park. <http://affiliates.uso.org/rheinneckar>.

Ongoing

Dance Lessons - Learn how to move your feet from line dancing to two-stepping at the Kazabra Club Bldg. 2057 on Vogelweh. 7-9 p.m. Thursdays and Saturdays. Lessons are available for all experience levels. DSN 489-7261, civ. 0631-536-7261. www.mwrgermany.com.
Top 40 - Every Friday, 9 p.m.-1 a.m. the Kazabra Club Bldg. 2057, in Vogelweh plays your favorite top rock, pop, soul and country hits. DSN 489-726, civ. 0631-536-7261.

coming to THEATERS

MACGRUBER

(Will Forte, Kristen Wiig) Only one American hero has earned the rank of Green Beret, Navy SEAL and Army Ranger. Just one operative has been awarded 16 purple hearts, three Congressional Medals of Honor and seven presidential medals of bravery. In the 10 years since his fiancée was killed, special op MacGruber has sworn off a life of fighting crime with his bare hands. But when he learns that his country needs him, MacGruber figures he's the only one tough enough for the job. Rated R (strong crude/sexual content, violence, language, nudity) 90 minutes.

JUST WRIGHT

(Queen Latifah, Common) Leslie Wright, a straight-shooting physical therapist, gets the gig of a lifetime working with NBA All-Star Scott McKnight. Leslie finds herself falling for Scott, forcing her to choose between the gig of a lifetime and the tug-of-war inside her heart. Oblivious to her romantic overtures, McKnight is instead drawn to the affections of Leslie's gorgeous childhood friend Morgan, who has her sights set on being an NBA trophy wife. Rated PG (some suggestive material and brief language) 101 minutes.

PLAYING THIS WEEK

Heidelberg, Patrick Henry Village

July 22 - PREDATORS (R) 7 p.m.
July 23 - THE SORCERER'S APPRENTICE (PG) 2 p.m., 7 p.m.; INCEPTION (PG-13) 9 p.m.
July 24 - THE SORCERER'S APPRENTICE (PG) 4 p.m.; INCEPTION (PG-13) 7 p.m.; MACGRUBER (R) 9 p.m.
July 25 - THE SORCERER'S APPRENTICE (PG) 4 p.m.; INCEPTION (PG-13) 7 p.m.
July 26 - IRON MAN 2 (PG-13) 7 p.m.
July 27 - THE SORCERER'S APPRENTICE (PG) 7 p.m.
July 28 - "Sneak Preview – Rated PG – What will YOU be watching?" 7 p.m.

Mannheim, Schuh

Theater under construction until further notice.

Vogelweh, Galaxy

July 23 - JUST WRIGHT (PG) 3 p.m.; MACGRUBER (R) 7 p.m.
July 24 - DESPICABLE ME (PG) 3 p.m.; PREDATORS (R) 7 p.m.
July 25 - DESPICABLE ME (PG) 3 p.m.; PREDATORS (R) 7 p.m.

Ramstein, Gateway Movieplex

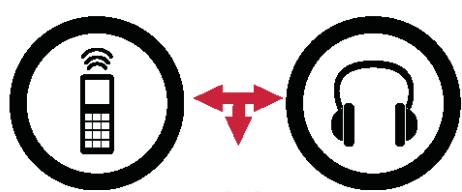
July 22 - ASTRO BOY (PG) 12:30 p.m., 3:30 p.m., 6:30 p.m.; IRON MAN 2 (PG-13) 11 a.m., 2 p.m., 7 p.m.; ROBIN HOOD (PG-13) 11:30 a.m., 2:30 p.m., 6:45 p.m.
July 23 - THE SORCERER'S APPRENTICE (PG) 11 a.m.; INCEPTION (PG-13) 11:30 a.m., 4 p.m., 8:15 p.m.; JUST WRIGHT (PG) 11:45 a.m., 1:30 p.m., 4 p.m., 6:30 p.m.; MACGRUBER (R) 3:15 p.m., 9 p.m.
July 24 - THE SORCERER'S APPRENTICE (PG) 11 a.m.; INCEPTION (PG-13) 11:30 a.m., 3 p.m., 7 p.m.; JUST WRIGHT (PG) 11:15 a.m., 2 p.m., 4 p.m., 6:30 p.m.; MACGRUBER (R) 3:15 p.m., 9 p.m.
July 26 - THE SORCERER'S APPRENTICE (PG) 11 a.m.; INCEPTION (PG-13) 11:30 a.m., 3 p.m., 7 p.m.; JUST WRIGHT (PG) 11:15 a.m., 2 p.m., 4 p.m., 6:30 p.m. MACGRUBER (R) noon, 3:30 p.m., 6:45 p.m.
July 27 - THE SORCERER'S APPRENTICE (PG) 11 a.m.; INCEPTION (PG-13) 11:30 a.m., 3 p.m., 7 p.m.; JUST WRIGHT (PG) 11:15 a.m., 2 p.m., 4 p.m., 6:30 p.m.; MACGRUBER (R) noon, 3:30 p.m., 6:45 p.m.
July 28 - THE SORCERER'S APPRENTICE (PG) 11 a.m.; INCEPTION (PG-13) 11:30 a.m., 3 p.m., 7 p.m.; JUST WRIGHT (PG) 11:15 a.m., 2 p.m., 4 p.m., 6:30 p.m.; MACGRUBER (R) noon, 3:30 p.m., 6:45 p.m.; THE PRINCESS AND THE FROG (G) 11 a.m., 3:30 p.m., 6 p.m.

THEATER INFORMATION

Patrick Henry Village, Heidelberg, 06221-27-238
Schuh Theater, Mannheim, 0621-730-1790
Galaxy Theater, Vogelweh, 0631-50017
Gateway Cineplex, Ramstein, 06371-47-5550

Visit www.aafes.com for updated listings and more movie descriptions

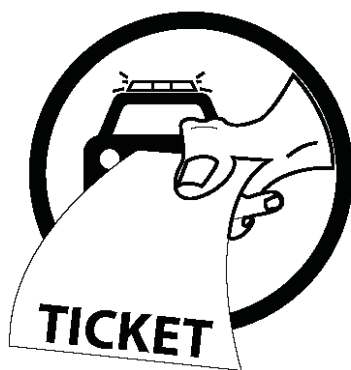
Cell phone, headphone use prohibited while driving



while



equals



- ♦ Driving while operating a cell phone is now right up there with drinking and driving, driving while fatigued and driving while distracted.
- ♦ This also includes operating a motor vehicle, jogging or walking while using headphones that cover both ears.
- ♦ If both ears are covered, a person cannot hear warning devices such as sirens or horns and presents a danger to vehicles on the road.
- ♦ It is legal to use a cell phone while driving if you use a cellular telephone hands-free device such as a "blue tooth" earphone which covers only one ear or is connected to your car radio.
- ♦ Any person detected by military police, using a cell phone while driving or using headphones, will be stopped and cited for the offense.
- ♦ The offense will be forwarded to commanders to take the appropriate administrative actions against the violators.
- ♦ Family members and dependents are subject to this as well, and those actions will reflect on sponsors and their units.
- ♦ In the event that you receive a call while driving, pull to the side of the road safely, engage your hazard lights, and take the call.

Summer Slam 2010 draws players from all over Europe

By Lynn Davis

USAG BADEN-WÜRTTEMBERG PUBLIC AFFAIRS

Athletes and spectators alike traveled from as far away as Lakenheath, England and Naples, Italy to participate in Summer Slam 2010 held in Heidelberg Friday-Sunday.

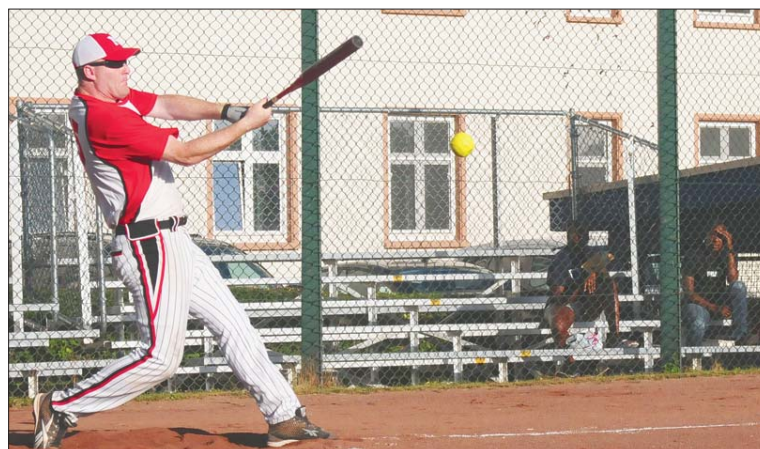
"The event was a huge success," said Mike Criswell, U.S. Army Garrison Baden-Württemberg sports and fitness chief. "Only had one minor injury in basketball and everything else ran like clock work."

The event included basketball, beach volleyball, softball and racquetball, with some athletes playing in more than one category.

"Some men played softball and basketball and some ladies played softball and volleyball," Criswell said.

This year proved to be more successful for beach volleyball.

"This year we added beach volleyball at a larger and better scale," Criswell said. "Last year volleyball didn't go off because of the weather and low participation. This year we had seven two-player



Photos by Lynn Davis

Mannheim player, Sgt. 1st Class Adam Shaw, crushes a pitch from Heidelberg Friday during Summer Slam 2010 on Patton Barracks in Heidelberg.

men's teams and two four-player women's teams."

Not only did the event promote good sportsmanship, it was a chance for people from all over to meet and mingle.

"This was a great chance to be reminded that there are more posts out there other than mine and people that have the same love and drive for the sport as I do," said Spc. Jaret Smith, Heidelberg softball player. "Watching different

teams and sports leaving nothing but their best on the court or field motivates me to do the same."

At the end of the weekend, the participants were satisfied with how the events played out.

"(The athletes) were all pleased with the organization and execution of the events they participated in," Criswell said. "They appreciated the caliber of awards and each participant received a T-shirt and hat as a memento."

Results

Men's Softball

1st - Stuttgart
2nd - Kaiserslautern
3rd - Ramstein

Women's Softball

1st - Lady Smash
2nd - Lakenheath
3rd - Heidelberg

Men's Basketball

1st - Stuttgart
2nd - Kaiserslautern
3rd - Naples

Women's Basketball

1st - Heidelberg
2nd - Mannheim

Racquetball 19+

1st - Maxime Bizeau (Paris Racquetball Club)
2nd - John Cotton (Heidelberg)

Racquetball 35+

1st - James Johnson (Heidelberg)
2nd - Kevin Comer (Mannheim)

Racquetball 50+

1st - James Johnson (Heidelberg)
2nd - Margarito Castanon (Kaiserslautern)

Racquetball Open

1st - Sean Troyer (Mannheim)
2nd - James Johnson (Heidelberg)

A

1st - Sean Troyer (Mannheim)
2nd - Victor Farrier (Heidelberg)

B

1st - Mark Maldonado (Robins AFB)
2nd - Maxime Bizeau (Paris Racquetball Club)

C

1st - Nathan Guerrero (Stuttgart)
2nd - Karl Dohman (Heidelberg)

Volleyball Four-Person Team

1st - Wiesbaden. Peggy Keeley, Crystal Alexander, Sam Werner and Rosanna Vega
2nd - Cherie Shivers (Heidelberg), Maria Hussein (Mannheim), Sharon Tsoosie (Mannheim) and Carmen Austin (Mannheim)

Volleyball Two-Player Team

1st - Matt Potts and Chris Hicks both from Ramstein.
2nd - Stefan Blazier and Tim Kim, both from Ramstein



A U.S. Army Garrison Kaiserslautern player takes a shot during the championship game against Stuttgart Sunday at the Patton Fitness Center in Heidelberg. Stuttgart won the title.

U.S. Forces Europe Tennis Championships 2010



Sally Cotter, of Heidelberg, finished third in the Women's Open after losing 6-0, 6-0 to Cheryl Riise of Spangdahlem during the U.S. Forces Tennis Championship Sunday on Patrick Henry Village in Heidelberg. (Photo by Linda Steil)



Jorge Sepulveda, one of last year's finalists from Kaiserslautern, plays his first match Friday during the U.S. Forces Tennis Championship held on Patrick Henry Village in Heidelberg.

Brandon Spragins

Results

Mixed Doubles Open

♦Quarterfinals:
Cheryl Riise (Spangdahlem)/ Benjamin Falvey (Heidelberg) def. Robert Kelso (Mannheim)/Caroline Kelso (Mannheim) 6-2, 7-5
♦Semi-finals:
Jacky Pitts (Heidelberg)/Chris Burr (Heidelberg) def. Sally Cotter (Heidelberg)/David Ward (Heidelberg) 6-3, 6-4
Maya Pardee (Spangdahlem) /Tim Goss (Heidelberg) def. Cheryl Riise (Spangdahlem)/ Benjamin Falvey (Heidelberg) 6-4, 6-2

Women's Open

♦Quarterfinals:
Susan Flynn (Stuttgart) def. Kathleen Guerrero (Heidelberg) 7-5, 6-7, 6-2
Sally Cotter (Heidelberg) def. Anna Maria Denitto (Heidelberg) 6-2, 6-1
Cheryl Riise (Spangdahlem) def. Sara Dougger (Heidelberg) 6-0, 6-0
♦Semi-finals:
Maya Pardee (Spangdahlem) def. Susan Flynn (Stuttgart) (6-0, 6-1)
Cheryl Riise (Spangdahlem) def. Sally Cotter (Heidelberg) 6-0, 6-0

Men's Open Doubles

♦Quarterfinals:
Nate Strong (Grafenwöhr)/Jeff Kridakorn (Heidelberg) def. Jerry Swedlund (Heidelberg)/Sam Giles (Vielseck) 6-1, 7-5
♦Semi-finals:
Ralph Totorica (Heidelberg)/Metin Karaca (Heidelberg) def. Nate Strong(Grafenwöhr)/Jeff Kridakorn (Heidelberg) 6-0, 6-0
Terry Johnson(Kaiserslautern)/Jorge Sepulveda (Kaiserslautern) def. Vincent Buckley (Schweinfurt)/Chris Gaynor (Wiesbaden) 6-1, 6-2

Men's Open Final

Terry Johnson (Kaiserslautern) def. Jorge Sepulveda (KS) 6-3, 6-4

Men's Master Final

Metin Karaca (Heidelberg) def. Ralph Totorica (HD) 2-6, 6-3, 6-1

Men's Doubles Final

Terry Johnson (Kaiserslautern)/Jorge Sepulveda (KS) def. Metin Karaca (Heidelberg)/ Ralph Totorica (HD) 6-3, 7-5

Women's Open Final

Maya Pardee (Spangdahlem) def. Cheryl Riise (Sp) 6-4, 6-4

Mixed Doubles Final

Maya Pardee (Spangdahlem)/ Tim Goss (Heidelberg) def. Jacky Pitts (Heidelberg)/ Chris Burr (HD) 6-2, 7-6

staying ACTIVE

Sports Physicals

Heidelberg - The Heidelberg Health Center Pediatrics Department will offer a one-day sports physical July 31. Patients will be seen by appointment only and only for sports physicals – no other care will be provided. Appointments are now open: DSN 371-2622, civ. 06221-17-2622.

Kaiserslautern - The U.S. Army Health Clinic located on Kleber Kaserne will offer sports and school physicals 8 a.m.- 4 p.m. July 28 and 1 p.m.- 4 p.m. Aug. 4. To ensure your child's medical records are accurate, please bring a copy of their immunization record. DSN 483-1750, civ. 0631-411-1750.

Mannheim - The Mannheim Army Health Clinic will offer sport and school physicals for Child, Youth and School Services and the upcoming school year 8-11:30 a.m., 1-4 p.m. and 6-8 p.m., Aug. 12. Bring complete shot records and the CVS Sport Physical Form to your appointment. DSN 371-2622, civ. 0800-914-6133.

Landstuhl - The Landstuhl Regional Medical Center Department of Pediatrics will offer sports physicals by appointment only 8 a.m. to 3 p.m. Aug. 16 in the LPMC Heaton Auditorium. Physicals will be provided for children ages 5 to 18. Call DSN 486-5762/5300, civ. 06371-86-5762 for an appointment.

Viking Challenge

The Kaiserslautern Military Community Viking Challenge run/ walkathon will be noon-midnight July 30 at the Vogelweh track next to the fitness center. The event raises money for the Fisher House and other KMC organizations. Deadline to register is July 23, and there is a \$15 registration fee. DSN 480-8542, anjelica.kaylor@ramstein.af.mil.

Prenatal Yoga Class

Starting in August the Landstuhl Fitness Center will offer two new prenatal yoga classes taught by a certified instructor. The Landstuhl Fitness Center is located on Landstuhl Post, Bldg. 3720. DSN 486-7172, civ 06371-86-7172.

Swim Camp

The Heidelberg Sea Lions are hosting a swim camp Aug. 2-6. Registration is now open. The swim camps are for swimmers with little or no competitive swimming experience and for those with experience. www.heidelbergsealions.com, efs@sealions@yahoo.com.

Get-Fitastic Day

Kaiserslautern Sports and Fitness is offering free 30-minute fitness orientation sessions 9 a.m.-3 p.m. Aug. 6 at Landstuhl Fitness Center, Bldg. 3780. Patrons will receive a free fitness consultation and goal setting consultation and a 30 minute exercise orientation class on how to properly use the facility's fitness equipment. DSN 486-7172, civ 06371-86-7172.

Army-Europe Unit-Level Softball

Kaiserslautern Sports and Fitness is looking for active-duty Soldiers to sign up now for the unit level softball championships 11:30 a.m. Aug. 12-15 at the Kaiserslautern Army Depot. Each garrison will be authorized two teams if six or more teams participate. Register by Aug. 7. Coaches meeting 9 a.m. Aug. 12 at Kleber Fitness Center, Bldg. 3235. DSN 475-7576.

Strongman Competition

Registration is open now for the Kaiserslautern strongman competition. Deadline is Aug. 20. The competition begins at 10 a.m. Aug. 21 at the Kaiserslautern Army Depot. Awards for first and Second place. DSN 493-2088, civ. 0631-3406-2088.

Free Yoga Class

Enjoy a free yoga class 5:15-6:15 p.m. every Monday at Sullivan Barracks Fitness Center in Mannheim. Towels and mats provided.

community HIGHLIGHTS

NATO Change of Command

There will be a change of command for the US Army NATO Brigade at 2 p.m. July 27 at the Tompkins Barracks Parade Field in Schwetzingen. Col. Leah Fuller-Friel will turn over command to Col. B.J. Constantine Jr.

Updating DEERS Information

Sponsors are advised to confirm or update their DEERS enrollment and address, to assure beneficiaries receive information and educational material about the TRICARE Overseas Program managed care contract changeover in September. To make any updates visit your nearest ID card-issuing office or <https://www.dmdc.osd.mil/appj/address/>.

UMUC Europe Celebrates 60 Years

University of Maryland University College Europe is celebrating 60 years of providing education opportunities for the U.S. military overseas. The university is hosting anniversary parties Aug. 6 at all UMUC Europe locations across Europe and the Middle East. The celebration events are free and open to the public. For specific event details, visit www.ed.umuc.edu/celebrate60.

Safety Course

5th Signal Command is sponsoring a 7th CATC-funded Mobile Training Team Safety Officer/NCO Course July 26-30 at the 7th Theater Tactical Signal Brigade University on Sullivan Barracks in Mannheim. DSN 337-8352.

Sex Signals Training

"Sex Signals," an Army-sponsored interactive play on how to deal with sexual assault will be in Mannheim for two performances at the BFV community center Bldg. 725 9:30-11:30 a.m. for civilians and 1:30-3:30 p.m. for Soldiers July 27 and in Heidelberg 9:30 a.m.-11:30 a.m. for Soldiers, 1:15-3 p.m. for civilians and 3:30 p.m.-5:30 p.m. for dependents July 28. All attendees must be 18 years of age or older.

Caterpillar Alert

The warmer weather has caused an increase of caterpillars in oak trees. Contact with the oak caterpillar's hair can cause severe allergic reactions. Do not attempt to remove any nests yourself. Contact the Directorate of Public Works or the Fire Department. If you are exposed to the hairs, take a shower and wash your clothes immediately. Consult a physician in case of severe exposure.

Community Bank Check Cashing

Effective Aug. 1 Community Bank will no longer cash checks for non-account holders due to losses the bank incurred from insufficient fund transactions of non-account holders.

local EMPLOYMENT

ACAP Counselor

The Army Career and Alumni Program is seeking a full-time ACAP counselor for positions in Heidelberg. Applicants must have a master's degree, logistical support, be computer literate, and have a minimum of two years experience in job assistance, career or employment counseling, teaching, training or a related field. Submit resume to Julie.e.hodge@eur.army.mil. DSN 370-7545, civ. 06221-57-7545.

KAISERSLAUTERN Education

♦ **English Classes** - Army Community Service has rescheduled English as a Second Language classes. Both beginner classes and intermediate classes will not be offered now through Aug. 2. Intermediate classes will start back Aug. 6, and beginner classes will start back Aug. 9. DSN 493-4064, civ. 0631-3406-4064.

♦ **Employment Readiness Program** - The Employment Readiness Program has changed its class days and times. Until further notice The resumix class will now only be offered at 1 p.m. on Tuesdays in Bldg. 2917 on Pulaski Barracks.

♦ **Kindergarten Preparation** - Parents with children attending kindergarten for the first time are invited to come to Landstuhl Main Library at 10 a.m. July 31 for an event focused on helping children prepare for their first day of kindergarten. Activities include story time and creating a Schultüte — the German tradition of putting together a cone with school supplies. www.mwrgermany.com.

♦ **Quilt Guild Class** - The Rheinland Pfalz Quilt Guild will host a class on Baltimore Album Series #2 with Shirley Herzer at Ramstein North Chapel noon-3 p.m. Aug. 19. info@rpqg.eu.

♦ **EFMP Summer Camp** - The Exceptional Family Member Program is now enrolling children for the upcoming EFMP Summer Camp. Open to children enrolled in the EFMP program ages 5-12. Applications are available at Parent Central Services, Bldg. 2898, Pulaski Barracks DSN 493-4094, civ. 0631-3406-4094.

♦ **Medical Appointments** - If you can't make your scheduled appointment, call the U.S. Army Health Clinic-Kaiserslautern to reschedule at DSN 483-1750, civ. 0631-411-1750. You can also use these numbers to schedule an initial appointment or visit kleber.clinic@amedd.army.mil, www.tricareonline.com.

♦ **SKIES Unlimited** - SKIES Unlimited is now offering "ABC Music and Me." This program is open for children enrolled in a child care or pre-kindergarten program and is based on early language and literacy development through music and story time. DSN 493-4516, civ. 0631-3406-4516.

♦ **Mystery Shopper** - The Mystery Shopping Program is a program designed to help make a difference in your Army garrison community and Family and Morale, Welfare and Recreation programs. Your feedback can help to improve your local facilities. To participate, e-mail garrisonservices@bareinternational.com or visit www.mwrgermany.com.

HEIDELBERG Education

♦ **ACS Classes** - The following classes are available at Army Community Service; Families Learning about Germany, 5-9 p.m. July 26-28; Field Trip, 8:30 a.m. July 31; Anger Management, 1-3 p.m. July 27; Volunteer Management Information System Training, 10-11 a.m. July 28; Warrior Transition Unit-Working in Teams, 10 a.m.-noon July 29; Community Orientation Briefing, noon-3 p.m. every Monday and Reintegration Briefing, 9 a.m. every Tuesday. www.mwrgermany.com/hd/acs.

♦ **German Classes** - German 1 and 2 daytime classes will be offered 9-11:30 a.m. Monday, Tuesday, Wednesday and Friday Aug. 9-Sept. 17 and Sept. 27-Oct. 15. German evening classes levels 1 and 2 will be held at 5:45-7:30 p.m. on Tuesdays and Thursdays and level 4 on the same evenings from 7:30-9:15 p.m.; Level 3 classes are 7:30-9:15 p.m. on Monday and Wednesday. Registration: info@Germanatpatton.com. DSN 373-6226, civ. 06221-176226.

♦ **School Orientation** - Heidelberg Middle School will host a school orientation for families of students in grades six through eight who are new to the Heidelberg area at 10:30 a.m. Aug. 27 in the school's multi-purpose room. DSN 388-9310.

Community

♦ **Road Closure** - Due to the garrison training exercise on Patrick Henry Village July 30, the roads that make up the PHV triangle by the chapel, theater and library will be blocked to through traffic from 7 a.m. until approximately 10 a.m. Detour signs will be posted, and access to all services will still be available. Both installation access points will remain open for the duration of the exercise, however the commissary gate may have delays due to emergency vehicles gaining access as part of the exercise.

♦ **Patton Gate Exit** - The Patton Access Control Point exit lane has been re-routed to allow traffic to flow around the other side of Bldg. 3852. Drivers will now use a standard traffic circle to reach the TMP office, Speedy Lube, the exit lane and the car wash. Please use caution when driving through the circle and watch the traffic signs.

♦ **Cancer Support Group** - The Heidelberg Cancer Support Group will meet 6 p.m. July 26 in the GYN Clinic at the Heidelberg Health Center. The topic will be "Humor and Health." Everyone is welcome. DSN 371-3459, civ. 06221-17-3459.

♦ **Lion's Den Summer Activities** - Join the Lion's Den for some summer fun. Sign-up is available now for the following activities: July 28, Alpine Towers and Aug. 10, visit World

War II sites with City Cult. www.mwrgermany.com.

♦ **Vacation Bible Camp** - The Chaplain's Office is sponsoring a "Rainforest Kids" vacation bible camp 9 a.m.-noon Aug. 2-6. DSN 373-8238.

♦ **National Night Out** - The community is invited to grill out, get to know neighbors, meet local law enforcement officials and learn about anti-terrorism and anti-crime programs during National Night Out on Patrick Henry Village 4:30-9 p.m. Aug. 3.

♦ **SAEDA Training** - There will be an annual training for Subversion and Espionage Directed Against the U.S. Army 10-10:30 a.m. (in English) and 1-2:30 p.m. (in German) Aug. 4 at the PHV theater. All military, civilian, contractors and local national personnel are required to attend this training once a year.

♦ **CPAC Closure** - The Heidelberg Civilian Personnel Advisory Center will be closed Aug. 6 for organizational day. For emergency situations: DSN 370-8514, civ. 06221-57-8514.

♦ **Town Hall Meeting** - The garrison will host a town hall meeting at 6 p.m. Aug. 11 in the Patrick Henry Village Pavilion. Community members are invited to learn about the new U.S. Army Europe housing policy, find out about upcoming community events and address questions and concerns with the garrison command group.

♦ **Anti-Terrorism Training** - There will be Anti-terrorism Level I training at the Patrick Henry Village Theater 1:30-2:30 p.m. Aug. 5, 12 and 19. Training can be taken online at: <https://atlevel1.dtic.mil/at/>. DSN 373-7420.

♦ **Tricare Closure** - The Tricare Service Center in the Heidelberg Health Center on Nachrichten Kaserne will be closed Aug. 13 for administrative purposes. In case of an emergency, patients should call DSN 371-2605, civ. 06221-172-605 or contact military police. The Tricare Service Center will reopen at 8 a.m. Aug. 16.

♦ **Volksmarches** - Sign-up available now for The Heidelberg International Wandering Club's weekend trip to Bamberg Aug. 14-15. www.hiwc.de, hiwc@yahoo.com.

♦ **Free Car Donation** - You can donate your car to the Auto Crafts Center on Tompkins Barracks for free now through August. The Auto Crafts Center can accept your vehicle, take care of paperwork and provide you with proper paperwork to de-register it, free of charge. DSN 379-6181.

♦ **Christmas in July** - Throughout the month of July the Arts and Cultural Center will offer various classes, events and discounts to give you a jump start on creating your holiday gifts. DSN 388-9419.

MANNHEIM Education

♦ **Red Cross Classes** - CPR/ AED for professional Rescuer Course 8 a.m.-4 p.m. July 24, cost is \$50 (includes workbook, material and breathing barrier mask) in Bldg. 242. Scholarships are available. Registration: DSN 385-1760, civ. 0621-730-1760.

♦ **FAST Class** - The Sullivan Education Center will offer a Functional Academic Skills Training class July 22-Aug. 11. Contact DSN 385-2053, civ. 0621-730-2053. jennifer.goltz1@eur.army.mil.

♦ **Testing Services** - Electronic testing services are available through Central Texas College at the National Testing Center on Coleman Barracks. The center offers College Level Examination Program testing and DANTES subject standardized tests. Both are free for military service members and exams are offered electronically with immediate score results. Professional certification exams are also available. www.europe.ctcd.edu.

Community

♦ **Postal Renovations** - Renovations on CMR 437 will run through Sept. 17. CMR 437 will relocate to Bldg. 804 on Funari Barracks for package pick-up. The BFV Army Post Office will relocate to Postal Service Center Sullivan located at Bldg. 241B, Aug. 22.

♦ **Mannheim Library** - The Mannheim Sullivan Library offers the following activities for the month of July: Voyage to Book Island — Mannheim Sullivan Library Summer Reading Program, 10:30-11:30 a.m. Wednesday mornings through July 28; Scrapbook Club, noon-3 p.m. July 24; free movie, 4-5:30 p.m., July 24. DSN 380-1740, civ. 0621-730-1740.

♦ **FMO Closure** - The Furnishings Management Office on Spinelli Barracks will be closed July 28 for personnel assembly. No services will be provided on that day.

♦ **Law Center Reopened** - The Law Center is now located on the first floor of Bldg. 244 on Sullivan Barracks. The law center will continue to provide power of attorney and notary services on a walk-in basis 9-11:30 a.m. Monday, Tuesday, Wednesday and Friday. The center will no longer provide legal assistance and claims. Soldiers should contact the Heidelberg Legal Assistance Office on Patton Barracks at DSN 373-5058, civ. 06221-17-5058. Trial Defense Services is now located in Bldg. 107 on Patton Barracks in Heidelberg at DSN 373-5350. The new phone numbers for the law center are as follows: Military Justice, DSN 385-3469, Trial Counsel, 385-3262; Law Center NCOIC, DSN 385-3259 and Administrative Law, DSN 385-3236.